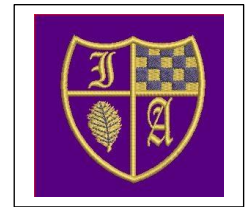


PE Curriculum



Intent, Implementation and Impact

Intent	Implementation	Impact
<p>At Ivingswood Academy puts pupils physical activity at the heart of developing a healthy lifestyle. We believe that P.E. and developing an enjoyment of sport is key to adopting a healthy mind and body throughout life. Our aim is to deliver a curriculum that enables our children to develop skills to find success and enjoyment in a range of physical activities. This will in turn enable them to be ready to develop positive attitudes, skills and fitness at secondary school.</p> <p>Teaching children to become agile, confident, sports participants is a motivating and exciting part of what we do at Ivingswood Academy. We want children to explore a range of sporting activities to:</p> <ul style="list-style-type: none"> Discover the activities they gain enjoyments from Develop physical skills and agility Want to pursue, in order to maintain a healthier lifestyle both physically and mentally 	<p>At Ivingswood Academy children are given the opportunity to experience and develop skills in a wide range of sporting activities. This occurs through delivery of the P.E curriculum using Get Set 4 PE.</p> <p>Our detailed lesson plans ensure that all teachers are equipped with the secure subject knowledge required to deliver modern, high-quality teaching and learning opportunities for all areas of the PE National Curriculum.</p> <p>High quality planning and online resources and adult guidance support teachers in their subject knowledge, allowing them to share technical vocabulary and skills clearly, confidently, and concisely. Our overarching aim is for teachers to have the knowledge and skills they need to feel confident in teaching all areas of PE, regardless of their main areas of expertise. Lessons are planned to ensure that children are given the opportunity to practise existing skills and build on these to develop new or more advanced skills. There is a structure to the lesson sequence whereby prior learning is considered and opportunities for revision and practise are part of the lesson plan. We aim for this revision to become part of good practice and ultimately helps build depth to the children’s knowledge, skills and understanding in PE.</p> <p>EYFS Physical Development</p> <p>Physical activity is vital in children’s all-round development, enabling them to pursue happy, healthy and active lives. Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child’s strength, co-ordination and positional awareness through tummy time, crawling and play movement with both objects and adults. By creating games and providing opportunities for play both indoors and outdoors, adults can support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. Gross motor skills provide the foundation for developing healthy bodies and social and emotional well-being. Fine motor control and precision helps with hand-eye co-ordination, which is later linked to early literacy. Repeated and varied opportunities to explore and play with small world activities, puzzles, arts and crafts and the practice of using small tools, with feedback and support from adults, allow children to develop proficiency, control and confidence.</p>	<p>Assessment of skills, identified within the PE National Curriculum, is carried out lesson by lesson. The Get Set 4 PE scheme has clear success criteria for each lesson enabling staff to identify skills acquired and plan future lessons to build on those skills.</p> <p>Children are encouraged to peer assess, offering constructive feedback to aid further development during each lessons.</p> <p>Evidence from lessons observations, peer feedback and pupil voice are used to monitor ongoing progress.</p>

KS1

Key stage 1 Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should be taught to:

master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities

participate in team games, developing simple tactics for attacking and defending

perform dances using simple movement patterns

KS2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Pupils should be taught to:

use running, jumping, throwing and catching in isolation and in combination.

play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.

develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]

perform dances using a range of movement patterns

take part in outdoor and adventurous activity challenges both individually and within a team.

compare their performances with previous ones and demonstrate improvement to achieve their personal best.